

# RESTORATION

*& The Power of Prayer*



A man with a beard and long hair, wearing a white shawl over a light-colored tunic, stands in a forest. He is looking back over his shoulder towards the viewer. The forest floor is covered in fallen leaves, and a path of light leads through the trees. The text "Come follow Me" is written in a white, serif font across the middle of the image.

“Come follow Me”



# Breastplate of Righteousness



# THE HELMET

## RECAP

### The Helmet of Salvation

Putting on the Helmet of Salvation each day empowers us to...

1. **See** life through the Lord's perspective and no longer our own...the renewal of the mind.
2. **Learn** to take our thoughts captive.
3. **Understand** that the battlefield is in the mind, and the Holy Spirit empowers us within to overcome.
4. **Recognize** challenges we face as opportunities rather than obstacles to be feared.



# THE HELMET

## RECAP

### The Helmet of Salvation

- Three daily keys to stay “Armored Up”
  1. **Renewal of the Mind.** This renewal means a *change of perspective*, and the only perspective that can both discern the battle and overcome in victory is **the mind of Christ.**

R o m a n s 1 2 : 2



# THE HELMET

## RECAP

### The Helmet of Salvation

- Three daily keys to stay “Armored Up”
  2. Spend TIME in prayer (dialogue). CHOOSE to make time with the Lord through daily
    - a) communion with Him,
    - b) meditating on His written word,
    - c) and pursue the teaching of the Holy Spirit.

Colossians 3:2



# THE HELMET

## RECAP

### The Helmet of Salvation

- Three daily keys to stay “Armored Up”
  3. **Learn from the Holy Spirit.** You are now in the school of prayer with Jesus Christ. Our **daily submission to and focus on the Holy Spirit’s prompting** is the only clear path to victory.

John 16:13



# THE HELMET

## RECAP

### The Helmet of Salvation

These three steps serve as the MOST effective ways for building your **foundation in Truth** (Jesus Christ), **witnessing God's unfolding purpose and plan for you**, and developing **powerful spiritual discernment**.





# THE HELMET

## RECAP

### The Helmet of Salvation

- Mind Battle Strategy using the acronym P.R.A.Y.
  - ✓ **Prepare** – be ready to take thoughts captive
  - ✓ **Recognize** – filter your thoughts by discerning through the Holy Spirit
  - ✓ **Abolish** – take thoughts captive to obedience of Jesus Christ and speak God's word
  - ✓ **Yield** – submit to God, resist the Devil and he will flee



# THE HELMET

## RECAP

### The Helmet of Salvation

*“For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish every **Argument, Pretension, Imagination, and Reasoning** that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.”*

**2 Corinthians 10:3-5**



# Breastplate of Righteousness



## PUT ON THE BREASTPLATE OF RIGHTEOUSNESS

*Every day we are to put on the Breastplate of Righteousness... Ephesians 6:14*



- Through the power of the Holy Spirit by faith, we now have the **“Righteousness of Jesus Christ”** living within us (Philippians 3:9).



## PUT ON THE BREASTPLATE OF RIGHTEOUSNESS

- We can say in complete confidence, “I am an heir of God and co-heirs with **Christ** (Romans 8:17); therefore,



**...I AM WORTHY!**

I am no longer unworthy in any way!”



## PUT ON THE BREASTPLATE OF RIGHTEOUSNESS

- We are more than a conqueror in Christ Jesus.  
(Romans 8:37)



**This is about knowing who we are  
in Jesus Christ...**



DO YOU **REALLY**  
KNOW WHO YOU ARE  
IN  
JESUS CHRIST?

- **HONESTLY?**
- **UNDOUBTEDLY?**
- **ABSOLUTELY?**



# Do you believe YOU are worthy?

This is one question that all of us ponder at one time or another. The most important part of the question is do you truly know that you are worthy to receive all that God has for you?

**One of the most potent strategies of the Enemy is deceiving us into believe that we are unworthy.**





*But we are all like an unclean thing,  
And all **our righteousness** are like **filthy rags**;  
We all fade as a leaf,  
And our iniquities, like the wind,  
Have taken us away.*

**Isaiah 64:6**



*...be found in Him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the Righteousness from God that depends on faith—*

**Philippians 3:9**



**By faith**, as a divine **gift of God's grace**, through the power of the Holy Spirit, we now have the **"Righteousness of Jesus Christ"** living within us. **Jesus is the RIGHTEOUSNESS.**

Therefore, we can say in complete confidence, *"As a child of the Most High God, I am an heir of God and co-heirs with Christ; therefore, I AM WORTHY! I am no longer unworthy in any way!"* (Romans 8:17)

*This is about knowing who we are in Jesus Christ... and taking our thoughts captive to His obedience from the Enemy's lies.*





Many times I have run into individuals or heard about Christians and non-Christians– young and old, male and female, wealthy, beautiful, and talented...successful according to the world, yet; they hold **this belief of being totally unworthy**. Nothing seems to fill the void within them!

I have felt it many times myself. However, as a True Believer, we realize this notion comes **straight from the Enemy's camp**.

*As long **Satan has us believing we are unworthy before God and unworthy of the abundant life, then hope is squelched, and the door is wide open for his attacks.***





Usually, a door that was opened (“the **OPEN DOOR**”) for this deception creates footholds and continued attacks.

A few include:

- *derogatory thoughts that enter our mind,*
- *unhealed wounds from the past,*
- *or the unfiltered words of others in our life.*

These attacks can be destructive only if you choose to receive them as truth (through denial, deception, or lack of discernment) or decide not to accept the healing that can **ONLY** be found in Jesus Christ.





Characteristics of someone experiencing an overwhelming sense of unworthiness which leads to the **bondage of rejection**—

### Some “**RED FLAGS**”

1. Feelings of inferiority (superiority complex)
2. Uncontrollable fear and anxiety
3. Oversensitive to the words or actions of others
4. A critical spirit, judgmental, cynical
5. Perfectionistic and/or controlling
6. Angry and unforgiving leading to bitterness
7. Hard to show love or receive love from others
8. Inability to maintain healthy relationships
9. Addictive and/or obsessive behavior
10. Desperate to find love at all costs
11. Continually in a state of depression, which leads to oppression





Possible underlying “**ROOT CAUSES**” of the bondages (burdens or weights):

1. Parental abuse
2. Death of a loved one
3. Divorce or abandonment
4. Living in an unhealthy abusive relationship
5. Hurtful event(s) perpetrated by:
  - a) spouse
  - b) relative
  - c) neighbor
  - d) teacher
  - e) friend
  - f) co-worker
  - g) and even a member of a church





So, how do we find and get THE FREEDOM?

As children of God, we have the right to a healthy emotional life, knowing that we belong, have worth, and are competent individuals. Yet in a temporal world this concept is fleeting because it is built on man's competence. Our righteousness will never measure up.

*"...we are all like an unclean thing, And all our righteousnesses are like **filthy rags**..."* Isaiah 64:6

*Jesus replied, "**What is impossible with man is possible with God.**"* Luke 18:27







So, how do we find and get THE FREEDOM?

**By God's Righteousness Through Faith –**  
Romans 3:21-26

*But now apart from the law the righteousness of God has been made known, to which the law and the Prophets testify. **This righteousness is given through faith in Jesus Christ to ALL who believe.***

*There is no difference between Jew and Gentile, for all have sinned and fall short of the glory of God, and all are **justified freely by his grace** through the redemption that came by Christ Jesus. God presented Christ as a sacrifice of atonement through the shedding of his blood—**to be received by faith.***





So, how do we find and get THE FREEDOM?

*He did this to demonstrate His Righteousness, because in his forbearance he had left the sins committed beforehand unpunished— he did it to demonstrate His Righteousness at the present time, to be just and the one who **justifies those who have faith in Jesus.***

This passage explains the relationship between righteousness and the law and shows that it is not the law that produces righteousness, but faith in Jesus Christ.

...because those who believe can keep the righteousness of the Law through faith in Jesus Christ. No one has kept the letter of the Law except Christ....





Do you see the difference? Man is not justified by the works of the law, but by faith in Jesus Christ.

The Law set the standard of righteousness, but Jesus is the only one who fulfilled the Law because He was Righteousness Himself. Therefore, by faith in the Messiah and not through the letter of the Law, we have “Righteousness” abiding within us.

Consequently, we are worthy!





*Jesus Christ came to put into any man who would let Him a new heredity which would exceed the righteousness of the scribes and Pharisees.*

*No man can make himself pure by obeying laws. Jesus Christ does not give us rules and regulations; He gives us teachings that can only be understood by his very nature He has put in us.*

**Oswald Chambers**





*... in all these things we are more than conquerors  
through Him who loved us.*

**Romans 8:37**





KNOW WHO YOU ARE IN THE  
RIGHTEOUSNESS OF JESUS  
CHRIST...**PUT ON THE BREASTPLATE OF  
RIGHTEOUSNESS DAILY.**

**Ephesians 6:14**





# I AM WORTHY!

Prayer Warriors 365



# I AM WORTHY!

## I BELONG TO GOD:

God loves me. (Ephesians 2:4)

I am a child of the Most-High God. (Psalm 82:6)

God sent his only son to die for me. (John 3:16)

My life is hidden with Christ in God. (Colossians 3:3)

I am joined to the Lord and one spirit with Him. (1 Corinthians 6:17)

I am God's child, since I am a child of the resurrection. (Luke 20:36)

I am a child of God because my own spirit testifies with His Spirit.  
(Romans 8:16)

I belong to God; therefore, I hear what God says. (John 8:47)





# I AM WORTHY!

## I AM WORTHY:

I am God's temple. (1 Corinthians 3:16)

I am delivered from sin's hold on me. (Titus 2:14)

I am free forever from condemnation. (Romans 8:12)

I am rooted and grounded in God's love. (Ephesians 3:17)

I am an heir of God and co-heirs with Christ. (Romans 8:17)

I have the righteousness of Jesus Christ within me. (Philippians 3:9)

I am a saint, because I believe and have faith in Jesus Christ.

(Philippians 4:21)

I am redeemed, reconciled and forgiven through Christ's blood.

(Colossians 1:14)



# I AM WORTHY!

## GOD PROVIDES ALL MY NEEDS

I am complete in Christ. (Colossians 2:10)

I belong to God, and He meets all my needs. (Matthew 6:33)

I cannot be separated from the love of Christ. (Romans 8:35)

I know God answers my prayers because I trust Him. (1 Chronicle 5:20)

I have not been given a spirit of fear, but of power, love, and a sound mind. (2 Timothy 1:7)

I ask it is given, I seek it is found, and I knock, and the door is open to me. (Matthew 7:7)

I do not have to worry about what I will eat, drink or wear God will provide. (Matthew 6:31-33)



# I AM WORTHY!

## I CAN MAKE A DIFFERENCE:

With God all things are possible. (Mark 10:27)

I can talk to God through the Holy Spirit. (Ephesians 2:18)

I have been chosen and appointed to go and bear fruit. (John 15:16)

I am a branch of the true vine, a channel of Christ's life. (John 15:1-5)

I can do all things through Christ who strengthens me.  
(Philippians 4:13)

I am set apart for the Lord and the Holy Spirit intercedes for me.  
(Romans 8:27)

If God *is* for me, who *can be* against me – God plus one is the majority. (Romans 8:31)



# ARMOR UP!

Keep fighting the “Good Fight”  
of faith in Jesus Christ  
one-day-at-a-time!





*"Fighting the good fight of faith in Jesus Christ one-day-at-a-time."*



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