

RESTORATION

& The Power of Prayer



A man with a beard and long hair, wearing a white shawl over a light-colored tunic, stands in a forest. He is looking back over his shoulder towards the viewer. The forest floor is covered in fallen leaves, and a path of light leads through the trees. The text "Come follow Me" is written in a white, serif font across the middle of the image.

“Come follow Me”





The Helmet- Rewiring the Brain



SPIRITUAL WARFARE & FULL ARMOR

Recap:

The Real Battle

1. Our cornerstone, **Jesus Christ**, is how we overcome.
2. Victory was on the cross, **once and forever**, over Satan and Sin.
3. The Battle Belongs to God – **our part is to walk in faith in Him through the Holy Spirit one day at a time.**
4. We overcome the World, the Flesh, and the Devil – **abiding in Him through the Holy Spirit.**



SPIRITUAL WARFARE & FULL ARMOR

Recap:

Spiritual Warfare – fighting the “Good Fight”

1. We are not waging war as the world does. The weapons we fight with are not of this world.
2. Spiritual warfare requires Spiritual tools and armory.
3. We are taking down strongholds (fortresses).
4. The strongholds are every argument, pretension, imagination, speculations, reasonings, and thoughts that sets itself up against the knowledge of God.
5. We continue without ceasing to take every thought captive to Jesus Christ.



SPIRITUAL WARFARE & FULL ARMOR

Recap:

Spiritual Warfare – fighting the “Good Fight”

6. We pray without ceasing (one with the Holy Spirit), standing firm in the ROCK -the Truth- which is Jesus Christ, putting on the Full Armor of God standing our ground as we encounter challenges each day fighting the “Good Fight” of faith in Him.
7. We, as servicemen and women of Christ, disciple and intercede in prayer for others in Truth, the whole truth, which brings freedom for the captive minds of our brothers and sisters.





The Helmet- Rewiring the Brain



EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

1. Learning to “...take every thought captive to the obedience of Jesus Christ.” (2 Corinthians 10:5)
2. Beginning to see life through the Christ’s perspective and no longer our own by developing a personal intimate walk with Him. *The mind of sinful man is death, but the mind controlled by the Spirit is life and peace* (Romans 8:6).



EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

3. See challenges that we face throughout the day as an “opportunity” to witness the glory of God in our life rather than seeing it as an obstacle that seems impossible to overcome.

The renewal of the mind. *“Do not conform to the pattern of this world but be transformed by the **renewing of your mind**. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.”*

Romans 12:2



EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

The battle begins in the mind and defeating the Enemy takes a *daily* renewal of the mind. This renewal means a *change of perspective*, and the only perspective that can both discern the battle and overcome in victory is the mind of Christ.

Our submission to and focus on the Holy Spirit's prompting is the only clear path that will bring us— and those around us —*out of the Pit of destruction and death.*





EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

When we get **bombarded with thoughts** that we know are **destructive** that have **no place in our lives**, we have a choice either to **reject or accept these thoughts**.

It is when we accept these thoughts— taking ownership of them— that is when we begin to give our control over to the Enemy. It is important to first consider where a thought might be coming from. Discern, “Is this thought coming from **my emotions, my desires**, from the **Enemy, or from the Holy Spirit?**”



EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

Discernment by secular definition is the ability to judge well.

Gift of Discernment of the nine Gifts of the Holy Spirit is the ability to recognize (discern) whether or not something is truly from God in accordance with His Righteousness.

LEARN TO DISCERN, *“Is this thought coming from*

- *my emotions, (flesh)*
- *my desires, (flesh)*
- *from the Enemy, (devil)*
- *or from the Holy Spirit?”*



EVERY DAY WE ARE TO PUT ON THE HELMET OF SALVATION

"Watch your *thoughts*, for your thoughts inspire your words.

Watch your *words*, for your words precede your actions.

Watch your *actions*, for your actions become your habits.

Watch your *habits*, for your habits build your character.

And watch your *character*, for your character decides your *destiny*."



A woman with long blonde hair, wearing a dark, layered outfit with a green sash and a sword, stands on a grassy cliff edge. She is looking towards the camera. The background is a vast landscape of rolling hills and valleys, with a bright sun setting behind the mountains, creating a golden glow. The sky is filled with soft, wispy clouds. In the distance, a small group of people can be seen on a hilltop. The overall scene is serene and majestic.

Re-Wiring The Brain



RE-WIRING THE BRAIN

Dr. Paul Hegstrom Story

Renewal of the Mind –
Re-wiring the Brain?

Books -

- Broken Children,
Grown Up Pain
- Angry Men and the
Women Who Love
Them



RE-WIRING THE BRAIN

Dr. Paul Hegstrom Story

1996 Movie starring *John Ritter*
playing Dr. Paul Hegstrom
called **Unforgiveable**



RE-WIRING THE BRAIN

Dr. Paul Hegstrom Story

Link to the interview on Sid Roth

<https://vimeo.com/26728996>



RE-WIRING THE BRAIN

Dr. Paul Hegstrom Story

Renewal of the Mind –
Re-wires the Brain

1941 - 2017





"Fighting the good fight of faith in Jesus Christ one-day-at-a-time."



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